

READ COLOSSIANS 3:12

If you've put your trust in Jesus, God has given you all you need to be patient. In fact, Colossians 3:12 says having things like mercy, kindness and patience should be as much a part of your everyday life as putting on clothes! Using a dry erase marker, write the words of Colossians 3:12 on your bedroom or bathroom mirror to remind you as you get ready that you are dearly loved by God, and that love can help you be patient!

KNOW that you are beloved by God!

READ ISAIAH 30:18

Set a timer for thirty seconds. After it goes off, set it again for thirty seconds, and this time, try to hold your breath the whole time. Did those thirty seconds feel longer when you were waiting to exhale?

Waiting on things isn't easy! God wants us to be patient, and He's given us the best example because HE is always patient with US! When you think you can't wait, remember that God's plan is always best.

ASK God to help you remember His plan is best when you think you can't wait.

DAY 1

DAY 2

READ GALATIANS 6:9

Put these things in order of how much patience they require.

- _____ Waiting in line for your favorite ride
- _____ Baking cookies
- _____ The time from now until Christmas
- _____ Growing a garden
- _____ Learning a new instrument

All of those things are GREAT things, but they require patience, don't they? Sometimes it can feel like you're doing the right thing but nothing good comes of it. But God has promised that you WILL eventually see the results of the work you do for Him, just be patient and don't give up!

ASK God to help you be patient while you continue to follow Him.

