



## READ GENESIS 6:9

## DAY 1

Can you imagine what it must have been like to be Noah? He was the only one following God and making wise choices. He was probably already used to standing out in a crowd for being willing to stand up for God, but then God asked him to build a giant ship to save him from a flood when it wasn't even raining! Noah could have put off doing what God told him to do until he could convince others to do it with him, but if he had, he might have missed his window to get the ark built in time! Instead, Noah obeyed God and did what needed to be done, all by himself.

What in your life needs to be done that you might have to do alone? It might be a task, like a neglected chore, or helping someone else with their work. Or it might be standing up for someone else or for what is right when no one else is.

**LISTEN** to what God might be telling you to go and do all by yourself today.

## READ DANIEL 3:28

## DAY 2

Shadrach, Meshach, and Abednego didn't wait for others to do the right thing. They knew that bowing before a fake god would be wrong, so they stood up to the king. Even when we know what God says to do, sometimes doing the right thing means taking a stand when no one else will.

Choose a scenario below—what should you do in that situation? On the last one, fill in the blank and create your own scenario where you have to choose your own adventure.

- You're at a sleepover and your friends want to get on a website you know you're not supposed to look at.
- Your friend forgot to do his homework and asks to copy yours.
- Everyone looks the other way as the new kid searches for a place to sit at lunch.
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**LISTEN** to what God says in His word and follow Him even when others don't.

## READ PSALM 119:60

## DAY 3

How fast are you? Time yourself doing each activity once, then go back and try to do it faster for round two.

### ACTIVITY:

### ROUND 1 TIME:

### ROUND 2 TIME:

10 sit-ups

10 jumping jacks

Run across the room

Five push-ups

20 squats

You might be a fast runner or able to do jumping jacks faster than anyone you know, but how fast are you to do what needs to be done? When you see a need, do you hang back to see if someone else will do it first, or do you step up to be the first person and lead by example? This week, try to be the fastest in responding to needs that you see!

**KNOW** that you can do what needs to be done right away.

## READ ROMANS 12:2

## DAY 4

Sometimes people are so focused on changing the world that they forget they can start by making the lives of people around them better. Instead of only thinking about yourself and your own chores, responsibilities or even fun things you want to do, look for ways you can help others.

Match the phrase below to uncover some ways you can help others.

**FOLD**  
**HELP TEACHER**  
**CHEER UP**  
**DO A CHORE**  
**STAND UP FOR**  
**CLEAR**

**THAT'S NOT YOURS**  
**SAD FRIEND**  
**SOMEONE BEING PICKED ON**  
**THE DISHES**  
**CLEAN ROOM**  
**LAUNDRY**

**THANK** God for changing your heart and mind to be more like His.

**DON'T WAIT FOR SOMEONE  
ELSE TO DO WHAT NEEDS  
TO BE DONE.**