



# Deciding to be okay with what you have

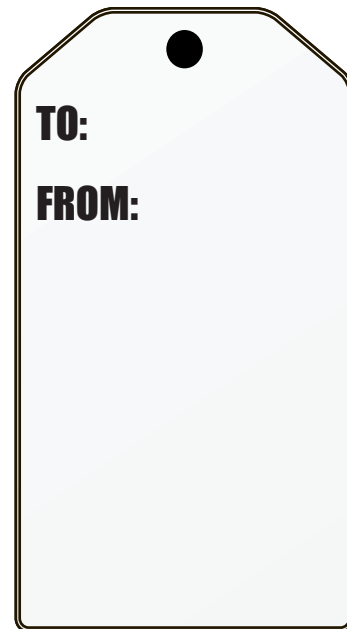
WEEK  
**FOUR**  
K-5<sup>TH</sup>  
GRADE

## READ JAMES 1:17

## DAY 1

How cool is it that the God who made the universe cares enough about us to give us good gifts? That's right, everything good we have is a gift from God!

Grab a sheet of paper and trace the gift tag pictured here a few times. Then cut out the tags and decorate them however you'd like. In the "To" spot on each tag, write your name. In the "From" spot, write God. Then go around your room and house and tape the tags to things that you have that you really love (be careful to only use tape on places it won't ruin furniture or walls!). You can even tape one on a family member (but you might want to stick it to their bedroom door instead). Every time you see the gift tags, thank God for that gift!



**THANK** God for all the good and perfect gifts He has given you.

## READ PSALM 34:10B

## DAY 2

Instead of focusing on what you want, pay attention to all the good things you have that God has given you! When you realize that God gives you everything you need, it helps you be content.

Ask your mom or dad if they have any magazines they don't need that you can use. If they don't, you can either grab some blank paper to draw, or ask a parent for help printing a few pictures from the Internet using Google Images. Cut out pictures that represent things you need that God has given you: food, a home, family, friends, teachers, etc.

Get a hanger from your bedroom closet and ask a parent for some string (dental floss will also work!). Tape the pictures to the string or floss and tie the other end to the hanger, making a mobile. Find a place you can hang it in your room so you can look "up" to God and remember all the things He's given you!

**KNOW** that God gives you everything you need!

## READ PROVERBS 30:7-9

DAY 3

At breakfast today or tomorrow, go ahead and pour several bowls of cereal—enough for the rest of the week—and add the milk too.

STOP.

Don't really do that. Can you imagine how soggy and nasty that cereal would be?

Sometimes that's what you and I do in life—we worry about the future and what's to come, instead of being thankful for the way God is meeting our needs for TODAY.

The next time you eat a meal, be sure and thank God for providing just what you needed TODAY.

## READ PROVERBS 21:26

DAY 4



If you spend all your time wanting what you don't have, you'll miss out on something REALLY awesome: sharing with others. If you're always focusing on what YOU don't have, you won't even notice how others need your help!

Cut out these two faces and put them somewhere you'll see them often (maybe the fridge). The next time you find yourself complaining, put the frowning face over the smiley face. Then think of some way you can help someone else. Go and do it, and then come back and put the smiley face on top. Nothing turns a frown upside down like helping someone who needs it! *(Hint: Tell a parent about this one so they can help "catch" you when you're complaining. Sometimes we don't even know we're doing it!)*

**ASK** God to help you turn your complaints into contentment.

**Don't miss out  
on what you  
have now.**