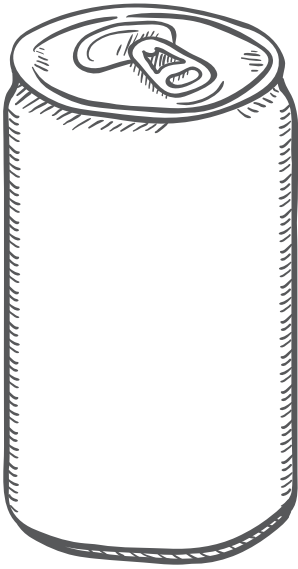




- Choosing to do what you should**
- even when you don't want to



### READ PROVERBS 15:1

### DAY 1

**IMPORTANT: YOU MUST GET A PARENT'S PERMISSION FOR THIS ACTIVITY.** Ask for a can of a carbonated beverage. Take it outside and away from anything you wouldn't want to get wet. Shake the can up a little (nothing too crazy—it doesn't take much to stir things up!), then point it away from yourself and open it up. Wow! A big mess, right?!

Mean words are like that too. They stir up anger and can cause a big explosion. You can really make a big mess if you don't control your words.

**ASK** God to help you choose gentle words.

### READ COLOSSIANS 3:8

### DAY 2

Unscramble the words below. When you find **KIND** words, be sure to circle them! When you find words that shouldn't come out of your mouth, be sure to scratch them out!

<b>OLVGIN</b>	_____
<b>PTAIETN</b>	_____
<b>TEHA</b>	_____
<b>RUTHFLU</b>	_____
<b>DINK</b>	_____
<b>SILE</b>	_____

**ASK** God for help choosing the best words to come out of your mouth.

## READ 1 PETER 3:10

DAY 3

Describe your perfect day. Or, if you like to draw, illustrate a picture of it.

Now, imagine how that day might be ruined if you lied to your parents, or said mean things to your brother. What if you just said whatever came into your mind and didn't think about how it would hurt someone's feelings. How might that change your perfect day? We can really mess things up when we don't control our tongues. On the plus side, when we do tell the truth and speak kind words, we can make every day better!

**KNOW** that it's always better to choose what is kind and true.

## READ COLOSSIANS 4:6

DAY 4

Using a sheet of paper, cover up the paragraph below. Then fill in the first set of blanks with the type of word specified.

- |                  |                            |                        |
|------------------|----------------------------|------------------------|
| 1) Noun _____    | 5) Verb (past tense) _____ | 8) Noun (plural) _____ |
| 2) Emotion _____ | _____                      | _____                  |
| 3) Verb _____    | 6) Noun _____              | 9) Noun _____          |
| 4) Noun _____    | 7) Noun _____              | 10) Verb _____         |

Now re-write the words in the blanks that have the same number in the paragraph below and read the paragraph out loud.

It was Sam's first day of \_\_\_\_\_<sup>(1)</sup> after winter break, and he was feeling pretty \_\_\_\_\_<sup>(2)</sup> about it. He wanted to stay home and keep \_\_\_\_\_<sup>(3)</sup> and playing \_\_\_\_\_<sup>(4)</sup>. Lucky for him, overnight it had \_\_\_\_\_<sup>(5)</sup>, and the ground and roads were covered in white, fluffy \_\_\_\_\_<sup>(6)</sup>. He turned off his alarm and made a steaming cup of \_\_\_\_\_<sup>(7)</sup> with lots of \_\_\_\_\_<sup>(8)</sup>, and he got out his \_\_\_\_\_<sup>(9)</sup> to go \_\_\_\_\_<sup>(10)</sup> with his neighborhood friends. Winter Break would be one day longer.

Well, that was pretty silly, wasn't it?! The words we choose are really important, and not just when we're playing word games. In fact, the words we choose in real life have even more importance, so be sure and choose words that others want to hear.

**KNOW** that you should always choose your words carefully.

